

Ryan's Story - Parent Workshop - October 2, 2014

Parent Evaluations

1. What was your reason for attending this workshop?

- Acquire learning and an understanding of how to teach my child about the topic of cyberbullying.
- My son, who is a kindergartner, has been a target of another kindergartner on the school bus every day (ex: pulling hair, pulling shoe laces)
- Awareness; common ground with kids.
- I worry about my 5th grader.
- I'm worried about my son now that he's turning 13 and I appreciate any information I can get!
- Proactive interest as a teacher and parent.
- Always attend; grandkids.
- My 15yr old son has been diagnosed with adolescent depression. He has experience with cutting.
- To learn about "Ryan's story" and how to know the signs of distress. I want to prevent bullying and keep my kids from being bullied.
- To familiarize myself more with the bullying technology and depression of our youths.
- My daughter saw the presentation and asked me to go.
- My teenage daughter attends Longwood H.S. and I would like to be up to date on the topics of cyberbullying, bullying, and teen depression.
- Very important subject.
- Learning about the signs; my daughter attended it today at the M.S. and I'd like to have a conversation with her about what she learned and how she can help others.
- To gain knowledge on cyberbullying and how to prevent it.
- My 5th grader had the assembly at school and I wanted to learn what it was about.
- My son heard the presentation and told me to come.
- To learn what is out there and to get the tools to be prepared.
- To help prevent my child from being bullied.
- Interesting.
- Obtain strategies for coping with bullying as a parent and get tips to recognize conflicts that may be occurring during our busy lives.
- My sons have been bullied – wanted more info.
- To learn more about bullying and prevention.
- To learn about how to handle bullying and what to look for.
- Worried about my child – she is very critical of all she does.
- Want to keep up with the effects and info to deal with bullying.
- Just want to be informed since my daughter is now in the middle school.
- To get info and awareness for my three girls!
- I have two girls (10 and 8); I would like to educate myself on this subject.
- I wanted to be informed about ways to prevent online bullying.
- To learn more about the signs of teenage depression and ways to help prevent tragedy within my own family or community.
- To have my kids see how the effects of bullying can be so severe. Put a face to a story.
- My 8th grader encouraged me to come.
- For my sons.

2. What were the most important ideas on information you gained?

- There was a lot honestly – I took a lot of notes. The Lessons Learned hit me the most.
- Total attention on my kids, little things and changes on them means “mom be aware”
- Communication; no secrets.
- Knowing that this is all too common was almost reassuring – we’re not overreacting.
- The laws, terms and conditions and apps that I never heard of.
- Stats
- Suggestions section and so many other points.
- Internet safety; things to look for or watch for. I have three kids (13,11,9) – none of them have phones or social sites. I think kids should be 18 to be on these sites.
- Paying close attention to your kids and get more involved. Get the help your kid needs and ask your child how they feel.
- Be more involved. Know what she is doing online.
- The information on lessons learned and the bullet points of suggestions.
- Another “go to” adult; what you saw in hind sight; different social media sites; software to install.
- How to discuss with my kids; love the phone list of rules
- Offering your child another “go to” adult; asking your child if they’re suicidal/how they’re feeling on the inside; don’t be a “bystander”, be an “upstander”
- The one code and not to share with friends; be up front with feelings.
- Watching what apps are being downloaded; software to guard what the kids are doing and being proactive.
- How fast things can spread; the different apps. I like that there is control with what is happening on the device. Depression. I myself suffer from it but if I had to deal with it today in the Middle or Junior High School it would really be bad.
- Monitor, monitor, monitor!
- The law! I had no idea about Federal Law, in essence so many of us parents are breaking a law designed to assist us with parenting in the age of continuous technological advances. The software enabling us to filter and block content. I love the contract and I know my daughter will give me the opportunity to spring that on her with her attitude!
- How to talk to my child.
- How to set guidelines; what to look for.
- Great suggestions.
- Signs; knowledge about social media.
- Apps that kids at this age should not be using; phone/internet guidelines.
- Great information about talking to your kids about bullying and seeing the signs.
- All the info regarding the phone; snapchat, restrictions on the I-phone.
- To write things down and come prepared because it’s so true you do come emotional and half the time you forget things you want to say. The wireless router (monitoring).
- Signs of depression; ways to prevent abuse of technology.
- To me, the most important part was listening to a dad tell the story of his journey and to learn some ways to talk to my own pre-teens about their feelings/insecurities.
- The e-blaster software; time limits.
- Being aware; setting limits.
- Have strategy; use specialist’s support.

3. Are there other topics/programs you would like us to focus on in the future?

- I appreciate the mini tutorial on how to protect/restrict the I-phone; maybe more actual tips on parental controls.
- Hard to do but release so much per pressure on our kids; so afraid of the outside environment of which future kids will develop.
- Technology implementation.
- A parental group organized to discuss our kids – issues – support groups; guidance counselors advising of warning signs of depression/suicide.
- Online programs for adults on this subject; provides “at will” access to info.
- Youth who know others secrets but were made to promise not to tell. They are not mature enough to make that kind of promise.
- More about cyberbullying; also how to help my kids help friends who are cutting and hiding pain.
- Continue the bullying topic; kids attitudes/emotions
- Drug and alcohol use; sex and teen pregnancy
- Continuing spreading the word about all the internet websites and how bad they are then good.
- Bullying in the workplace has always been an interesting topic for me. I recognize the difference between “policies and laws” and I don’t feel that victims of workplace bullying are protected by law. Victims are parents and it interferes with their ability to concentrate on their children’s needs effectively.
- Bring programs to elementary schools.
- Things that promote confidence.
- Elementary schools have to come up with other ways where teachers and staff are not telling kids that “no one likes a snitch” or it’s not good to tattle tale. We are sending mixed messages to the kids who want to do the right thing and tell. Yes, I do understand the teacher has to teach but if the child after being told that is afraid to speak up then we have a bigger problem.
- This program really had an impact on my son. I feel more of these presentations are so important for the students to hear – in the presence of their peers.
- Another major concern I feel gets kids to major depression is body image and I think eating disorders are another side effect of bullying.

4. How did you hear about this presentation?

- School flyer (14)
- Child (9)
- Connect-ed call (5)
- Facebook (2)
- PTSA (5)
- M.S. PTA
- Online
- Junior H.S./School district (8)
- friend (2)
- School Calendar
- Open house
- Child’s teacher email

OVERALL RATING:

1(POOR): 0

2: 0

3: 0

4 : 2

5(EXCELLENT) : 33